



FROM IDEAS TO ACTION

YOUTH EXCHANGE on Entrepreneurial Skills for Young People

ESTONIA

18th AUGUST (arrival day)
26th AUGUST (departure day)
2024



DESCRIPTION

In today's dynamic world, the ability to think entrepreneurially is a fundamental skill for the next generation. This youth exchange aims to provide a transformative experience for participants by focusing on entrepreneurship as a tool for personal and community development.

The age group of 14-17 years old represents a pivotal period for shaping one's mindset and values. By bringing together youngsters from different countries, we aim to enrich their perspectives, fostering a global understanding of entrepreneurship.

The project's foundation lies in the belief that entrepreneurship is not just about starting a business but encompasses a mindset that can empower individuals to take charge of their lives. By integrating elements of responsibility, proactivity, and cultural exchange, we seek to create an immersive learning environment that goes beyond traditional classroom settings.

Through workshops, challenges, and real-world applications, participants will not only gain theoretical knowledge but also develop practical skills that can be applied to various aspects of their lives. By the end of the exchange, we envision a cohort of empowered, globally connected youth equipped with the tools to shape their future and contribute positively to their communities.

With this youth exchange we would like to give young people the opportunity to discover the skills they have and the possibilities that are out there. We create an environment for the participants to get to know themselves and their abilities more deeply and learn about the entrepreneurship world.

AIM

This project aims to bring together and empower young minds aged 14-17 years old from diverse backgrounds to develop an entrepreneurial mindset, fostering skills crucial for their future success.

OBJECTIVES

- Cultural exchange: Facilitate cultural understanding and collaboration among participants from different countries.
- Entrepreneurial education: Provide interactive workshops, seminars, and activities to instill entrepreneurial knowledge, emphasizing responsibility and proactivity.
- Team building: Foster teamwork and communication skills through team-based entrepreneurial challenges, encouraging participants to collaborate across borders.
- Leadership development: Cultivate leadership qualities by assigning roles within teams, enabling participants to take responsibility for project outcomes.
- Community engagement: Encourage participants to apply entrepreneurial principles to community projects, emphasizing the positive impact of an entrepreneurial mindset.

TARGET GROUP

- young people from 14 until 16-17 years old (no limit for group leader)
- young people interested in Entrepreneurship and in finding ways to improve their competences
- young people that are passionate about working on themselves

WHAT LANGUAGE WILL WE USE

Despite the fact that many of you are speaking many different languages, the official training language will be **English** only.

PARTICIPANTS INFO

“From Ideas to Action” youth exchange will gather 25 participants from Estonia, Hungary, Italy and Spain.

Participants commit to taking part in the following:

- Preparation of the Mobility with the support of their Sending Organisation;
- Actively take part during the whole duration of the Youth Exchange and the leader on the Preparation Meeting to be held online;
- Carry out at least 2 Complementary Activities (Follow Up) and Dissemination of the Training (with the support of the Sending Organisations).

Partners and Participants involved shall agree with the general values of the European Union on human dignity, freedom, democracy, equality, rule of law, and human rights.

During the event Participants commit to the following Code of Conduct:

- Care, Professional Responsibility and Integrity
- Respect
- Trust
- Inclusion and protection of targeted individuals
- Respect for People’s Rights and Dignity

Participants pledge to support the physical, mental and legal integrity of all involved, while in our project. The failure the commitment to the items above can lead to the termination of the partnership and participation, including any certification and/or financial compensation involved among partner organisations and participants.

TRAVEL BUDGET

A lump (fix) sum that depends on the distance from your city to the venue of the activity.

- For travel distances between 100 and 499 KM: 211 EUR per participant.
- For travel distances between 500 and 1999 KM: 309 EUR per participant.
- For travel distances between 2000 and 2999 KM: 395 EUR per participant.

We will NOT reimburse the amounts that get over the maximum budget for each participant.

COSTS

There is NO a participation fee. Board, lodging and programme costs will be provided and paid 100% by grant from the Estonian Erasmus+ National Agency. We have a budget for travel costs. According to the restrictions of the Erasmus+ Programme we can only refund up to some of the travel cost, if the following points are fulfilled:

- Your travel route is from your hometown to the venue in Estonia and back You have chosen reasonable and economic means of transportation (e.g. APEX or student fares for flight tickets, cheap airlines, 2nd class trains).
- Your travel dates are according to the programme (2 days before OR after the project dates is allowed, but lodging during these days is on your own expenses).
- You have a receipt or invoice for the cost of your plane ticket and the boarding cards or the train/bus tickets.
- You have a travel insurance and present the invoice for the whole group or each of its members.

Tickets with dates longer than 2 days after/before the dates of the training will **NOT** be reimbursed, if not agreed previously with the coordinator.

If you would like to stay longer in Estonia, you can book flights up to 2 days before/after arrival/departure of the dates of the training. Tickets with dates longer than 2 days after/before the dates of the training will **NOT** be reimbursed.

ALL TICKETS SHOULD BE AGREED WITH THE ESTONIAN COORDINATOR BEFORE BOOKING IT, THE FAILURE OF THIS STEP WILL MAKE THE TICKETS NOT REIMBURSABLE. THE GROUPS CONSIST OF MINORS, THEY SHOULD TRAVEL TOGETHER AND WITH THE GROUP LEADER BOTH WAYS.

THE VENUE

The participants and leaders will be hosted in Paikuse Sport Center, in shared rooms (4 people per room) with mixed countries but the same gender. More Info here: <https://spordikeskus.parnu.ee/paikuse-spordikompleks/>

1 towel, bedlinen, pilow and blankets will be provided.

The activities and the meals will take place in Paikuse Governmental Hall (10 minutes walking from the accommodation). Breakfast, Lunch, Dinner and Coffee Breaks will be served there.

WHAT TO BRING

- Clothes: we don't have any dress code at our event. Feel free to take whatever clothes make you feel comfortable but keep in mind that Estonia is a cold country and we advise you to check the weather forecast before coming.
- Sports clothes and shoes.
- Re-usable water bottle
- Indoor shoes: in Estonia, we don't wear outdoor shoes inside, so bring slippers, flip-flops or whatever you feel comfortable wearing **ONLY** indoors.
- Ideas, music, snacks, non-alcoholic drinks etc. to present your country and culture in the Intercultural Evening!

MAIN TRAVEL ROUTES AND INFO

You have an opportunity to travel through Tallinn Airport or to Riga Airport.

From **Riga Airport**, you can either get a Lux Express from the Airport or Riga Bus Station to Parnu, Estonia. You can find the available buses here: <https://luxexpress.eu/en/>

For people arriving at **Tallinn airport**: from the bus station next to the airport, you have to get to the central bus station (Tallinna bussijaam; Lastekodu 46, 10144 Tallinn) and to do so, there are two buses: number 2 or number 15.

If you take bus number 15, get off at the 6th station called "Bussijaam".

If you take bus number 2, get off at the 3rd station called "Bussijaam"

The whole road will take approximately 15-20 minutes.

Tickets (you will need a QR ticket) can be bought in advance here: <https://tallinn.pilet.ee/buy>

In Parnu from the central bus station, you need to get to the bus station called "Paikuse Kool" (the venue where the project is happening is right in front of this bus station and the address is Paide mnt 19, Pärnu). The bus you need to take is bus number 40.

The whole road will take approximately 20 minutes, you will need to get off at the 13th station called "Paikuse Kool".

Tickets have to be bought at the front of the bus, either by cash from the driver or by validating your card at the first validator in front of the bus.

In case you are arriving in Parnu later than 23:34 (that is the time of the last bus), you will need to take a taxi. For that, please install an ride sharing app called "Bolt" and as a final destination enter Paide mnt 19, Pärnu.

During the Preparation Meeting we will address the travel plans of each group case by case. Please remember that you can book your tickets **ONLY** after approval of the host organisation.